

PHYLLIS A. ERNST
Senior Center

Recreation & Parks
Department
3810 Veterans Memorial Drive
Hilliard, Ohio 43026
(614) 876-0747
8 a.m. – 4 p.m.

VOLUME 34, NO. 2
APRIL – MAY 2013
www.hilliardohio.gov



PLAY!

SPRING IS SPRINGING



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Membership Renewal

Memberships are valid for a period of 12 months. A renewal form is available in the office. Memberships are \$15. Complimentary memberships are provided to those 90 years of age and older.

Long-time Parks employee's roots are here in Ohio...

Phi Schroeder was born in Northwest Ohio. He graduated from The Ohio State University with a degree in Natural Resources, Parks and Recreation Administration. After graduation Phil began his career in Florida then moved back to Ohio and worked for the Johnny Appleseed Park District in Lima. Phil then was recruited by Phyllis Ernst at a conference and has been with the City of Hilliard for 23 years. Phil married Sarah in 1995 and they now have two daughters. Anne is a sophomore at

Hilliard Davidson High School and Emma an 8th grader at Weaver Middle School. In his spare time Phil enjoys reading, hiking and watching his children's sporting events.



WHAT ELSE CAN YOU TELL US?

Were you named after anyone?

Lena Clark, Member: A distant relative

Marilyn Patton, Volunteer: My family teases me that it was Marilyn Monroe

Phil Schroeder, Staff: My middle name is Leo after my grandfather

Do you still have your tonsils?

Lena: No

Marilyn: No and yes. I had them removed and they grew back.

Phil: Yes

Favorite vacation spot?

Lena: Fairfax Virginia where my son lives

Marilyn: Home

Phil: Charleston, S.C.

Would you bungee jump?

Lena: No

Marilyn: No

Phil: No, don't like heights.

Hamburger or Chicken Sandwich?

Lena: Chicken Sandwich

Marilyn: Hamburger

Phil: Chicken Sandwich

NEWS & NOTES

Senior Center Newsletter

VOLUME 34, NO. 2
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Registration

Sign up for all new programs listed in this newsletter in person begins at 9 a.m. on Tuesday, March 12. We begin taking call-in reservations at 1 p.m. You may also register and renew your membership online at hilliardohio.gov. Let us know if you need us to email you your username and password.

Center Closings

The center is closed May 27 in observance of Memorial Day.

Programs Canceled

All regular scheduled programs are canceled the following days: Thursday, April 18 due to setting up for the Garage Sale; Friday, April 19 due to the Garage Sale; Wednesday, April 24 due to the Prom Fashion Show; Thursday, May 2 due to the Kentucky Derby; and Thursday, May 23 due to the Volunteer Luncheon. Please contact Dave if you wish to reschedule your group.

Play! Program Guide

For additional information on daily programs pick up a Spring/Summer Program & Activity Guide.

Garage Sale

Yes, it's time to clean out your attic, basements and garages and bring us all your unwanted items to sell at our annual garage sale. This sale is a fundraising event for Happiness Club. Please bring your items to be donated to the center Monday, April 15-Thursday, April 18. No clothing, electronics or shoes please.

- Friday, April 19, 9 a.m.-1 p.m.

Garage Sale Volunteers

We need volunteers to organize and price the items to be sold at the sale as well as work the day of the sale. Please sign up at Happiness Club or in the office for the shift that works best for you. You may donate money to Happiness Club if you are unable to contribute items or work a shift.

- Thursday, April 18 anytime between 9 a.m.-3 p.m.
- Friday, April 19 between 8 a.m.-4 p.m.

Ham Loaf Sale

Ham Loaf sales are being offered as a fundraising activity of the Hilliard Happiness Club to support programs and supplies for the Senior Center. Individual servings of cooked and frozen ham loaf may be pre-ordered. Orders are available for pick up from 9 a.m.-1 p.m. on Friday, April 19. The deadline for placing an order is Friday, April 5. The cost is \$2.50.

Library

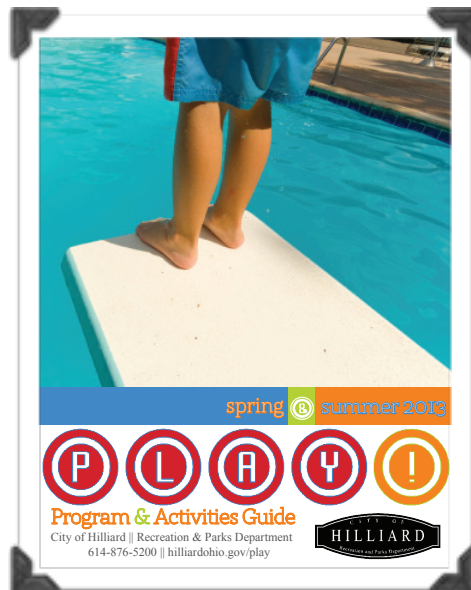
Please remember to check out your books in the notebook in the library and return them when you are finished. We have a waiting list for some of the newer books. Thank you.

Voting Site

Just a reminder the Phyllis A Ernst Senior Center is a polling site on Tuesday, May 7.

Friday Flicks

Pick up a schedule in the Center office.



OSHIIP

The Ohio Senior Health Insurance Information Program provides free information and other health insurance services to people in Ohio covered by Medicare. Schedule a one-on-one appointment at the Center office for the fourth Thursday of the month.

Times Changes for the Summer

Lunches are served at 11:30 a.m. in June, July and August. Some programs may start earlier due to the lunch time change.

Other Programs

Please take a look at the enclosed calendar of our daily and weekly ongoing programs such as cards, crafts and more.

EXCURSIONS

Local Shop

The center bus picks you up at your home if you live in the City of Hilliard and departs from the center at 11 a.m. on Fridays; \$2. Please call in advance to make a reservation.

- April 5: WalMart
- April 19: Meijer
- May 3: Kroger
- May 17: Giant Eagle
- May 31: WalMart

Dignified Diners: Brio at Easton

Experience the flavors of Tuscany without leaving the country. Buon Appetito! After lunch enjoy a little shopping time at Easton Town Center.

- Wednesday, May 8, 10:15 a.m., \$5

Great Trains & Grand Canyons

Pick up a flyer with all the information on this trip.

- April 28-May 1, \$1,999/per person, double occupancy

Washington, D.C.

Pick up a flyer with all the information on this trip.

- June 7-10, \$495/per person, double occupancy

New Hampshire & Maine

Pick up a flyer with all the information.

- Sept. 25-Oct. 5, 2013; \$1,195/per person, double occupancy

EXCURSIONS



LaComedia 9 to 5: The Musical

Don't miss this new musical comedy based on the classic hit movie. "9 to 5: The Musical" features a brand-new score by seven-time Grammy Award winner Dolly Parton and includes the blockbuster title song. In a hilarious turn of events, Violet, Judy and Doralee live out their wildest fantasy, giving their boss the boot! While Hart remains "otherwise engaged," the women give their workplace a dream makeover and rise to the top of the company that once looked at them as second-class citizens... A girl can scheme can't she?

- Wednesday, April 3, \$45, 9 a.m.

Velvet Ice Cream Tour

Discover the thrill of Ye Olde Mill. Visit the ice cream production viewing gallery and enjoy lunch in the 19th-century style Ice Cream Parlor.

- Monday, May 13, 9:15 a.m., \$5, plus lunch OYO

Dignified Diners: Noodles and Giant Eagle Market Place in UA

Travel the globe without leaving your table. The best dishes from Asia, the Mediterranean and America, prepared to your liking, the Noodles way. Japanese Pan Noodles, Wisconsin Mac & Cheese, something healthy or something indulgent – the world's best food is just inside the doors. And all for around \$8. After lunch enjoy a little shopping time at the Giant Eagle Marketplace in Kingsdale.

- Monday, April 8, 10:15 a.m., \$5, plus lunch OYO

High Banks Metro Park Health Fair

Enjoy a day in the park, featuring health screenings, exercise, displays, giveaways, chances to win door prizes and more. Meet healthcare professionals and staff from organizations dedicated to the health and fitness of seniors.

- Thursday, May 16, 9:30 a.m., \$4, plus lunch OYO TBA

Girls Just Want To Have Fun!

The Springfield Antique Show and Flea Market has been a favorite source for thousands of collectors and dealers for over 25 years. The show also features 45 concession stands that make it impossible to go home hungry. Whether you're craving a famous Schmidt's Brat and Cream Puff, or crave Crazy Uncle Larry's One Pound Pork Chop, there truly is something for everyone. In case of rain we are going to go to the indoor Antique Mall and lunch in Springfield at an area restaurant.

- Friday, May 17, 10:30 a.m., \$5, plus \$7 admission and lunch OYO

Topiary Park Tour

The Topiary Park is a landscape of a painting of a landscape. ... If an artist can paint a picture of a landscape then why not a sculptor creating a landscape of a work of art? The topiary garden is both a work of art and a work of nature. It plays upon the relationships between nature, art and life.

- Wednesday, May 22, 9:30 a.m., \$4, plus lunch OYO, TBA

Castle Tour

Like the Mecoche division of the Shawnee people who occupied the land before them, the Piatts treasure the resources and the spirit of the valley they call home. In the 1820s, Judge Benjamin M. and Elizabeth Barnett Piatt moved their family from Cincinnati to the rolling hills of Logan County. Two of their children, Abram Sanders and Donn later built their own homes, Mac-A-Cheek and Mac-O-Chee in the country-side they knew as youths. These unique structures have become a private, family-owned museum that interprets over 200 years of history of the Ohio land and Ohio people.

- Wednesday, June 5, 9 a.m., \$19, plus lunch OYO

Park of Roses

The 13 acre Park of Roses is nestled within the larger Whetstone Park. It contains three unique rose gardens as well as herb and perennial gardens, annual display beds and a restored Ohio prairie. Wide, smooth walkways and numerous benches make it easy to enjoy the sights and smells of 11,500 roses with more than 400 varieties. There is something for every rose lover here, from tiny miniatures to exuberant climbers covering overhead arbors.

- Tuesday, June 11, 9:30 a.m., \$5, plus lunch OYO

ACTIVITIES & SPECIAL EVENTS

Game Night

Get together for snacks, cards, puzzles, games and other social activities the first and third Thursday from 5:30-8 p.m. Please register by 4 p.m. the day before.

- Thursdays, April 4, May 16. 5:30-8 p.m., \$2, register in advance
- No Game Nights April 18 or May 2 due to other programming.

Prayer Luncheon

An area minister presents a short message after the lunch. Reservations due the day before.

- Friday, April 26 and Friday, May 31, noon, \$4

New Bingo Format

Join us on Thursdays as Bingo is sponsored by area businesses, including Darby Glen, Mill Run Care Center, Mayfair Village and more. Bingo is no longer being held on Mondays.

- Thursdays, 1 p.m., \$2

Carriage Court Dine & Discover

Carriage Court hosts this luncheon on the third Friday of the month and provides an informative speaker after lunch.

- Friday, May 17, noon. No lunch April 19 due to the Garage Sale

Get your Suit and Jump In

Both pools are open May 18-19 and Memorial Day weekend, May 25-27. The pools re-open at 3 p.m. for the season on Friday, May 31 (the last day of classes for Hilliard City Schools).

Baseball Opening Day Luncheon

Wear your favorite baseball team colors and swing on in for a baseball-themed luncheon, complete with hot dogs and apple pie.

- Tuesday, April 2, noon, \$4

ACTIVITIES & SPECIAL EVENTS

Po-Ke-No by Mayfair Village

There is no charge but please register in advance.

- Thursday, April 25 and May 30, 10 a.m.

Potluck

We are hosting a potluck for the fun of it! Join us! Register in advance with a favorite dish to share.

- Monday, May 6, noon, \$1

Happiness Club

Reservations due by noon the Thursday prior. Call Joy Hoffman at 614-876-6694 to reserve, cancel or if you have a question. The cost of the meal is \$5, for which you are responsible if you register.

- Friday, April 12: Committee members: Chairman, Minnie Shaver, Mel Shaver, Bob & Nancy Sorley, Frank & Phyllis Felice, Ernie & Hazel Erwin, Verna Dean Greenwald, Susan Workman.
- Friday, May 10: Committee members: Chairman, Judy Birkhead, Janet Hoover, Mario Amore, Joan Forney, Jane Lockwood, Nancy Fisher, Mary Jane & Gene Neal, Sue & Don Patterson. Entertainment: Mark Snow

Lunch and Learn with Edward Jones: Nicole Cox & Tim Payne

- Wednesday, April 10: "All About Mutual Funds" presentation by Tim Payne, Financial Advisor, Edward Jones, 11 a.m.-noon. Join us to learn about the ins and outs of mutual funds. Bring your questions! Must attend seminar to receive the free lunch, reservation required.
- Wednesday, May 16: "Health and Finance Hit the Road to Managing Arthritis." Join us for a presentation from the Central Ohio Area on Aging, 11 a.m.-noon. Learn about types, symptoms and treatment. Learn suggestions on meeting the challenges of chronic pain. Must attend seminar to receive the free lunch, reservation required.

Lunch and Learn with Mill Run: Tricia Kincaid

Learn about how to improve your balance at this informative seminar.

- Tuesday, April 9, 11 a.m.-noon, must attend seminar to receive the free lunch, reservation required.

AARP Driving Class

Learn how to avoid driving hazards with this class. There are no tests and some auto insurance companies offer discounts to participants of this class, check with your agent. You must register for the class, the fee is not due until the first day of class.

- Monday, April 22, 1-5 p.m., \$12/AARP member; \$14/non-AARP member. Please make checks payable to AARP.

Aetna Answers Your Questions

Lisa Kelly answers all your Medicare questions one-on-one. No appointment needed.

- Wednesday, April 10 and May 8, noon-2 p.m.

Earth Day

Informational tables including rain barrel, rain garden and composting, Art Contest, Green Power Alternative Display (GPAD) from the Electrical Trade Center, Animals from Ohio Wildlife, Tree Planting Ceremony and more. Watch for more details!

- Saturday, April 20, 8 a.m.-Noon

Swim Smart Party

We are spreading the word; ignorance about drowning can be deadly. Help by educating yourself and others on ways to prevent drowning at the Hilliard Family Aquatic Center as we host a party for our ongoing "Swim Smart. Saves Lives." safety campaign. Join us from 2-4 p.m. for the sounds of Crescent Fresh.

- Sunday, May 26

Volunteer Luncheon: The Magic of Volunteers

We want to honor all of those who have volunteered for us in the last year and thank you for generously giving your time to the Phyllis A. Ernst Senior Center. Please sign up if you volunteered for us May 2012-May 2013.

- Thursday, May 23, 11:30 a.m., hors d'oeuvres; lunch at noon. Free to all volunteers, \$5 for all others.



Park Bark

Please join us for the opening of the Heritage Trail Dog Park.

- Saturday, April 27, 10 a.m.-2 p.m.

Kentucky Derby Party

We are off to the races once again! We begin the afternoon with the singing of My Old Kentucky Home. Make sure you place a friendly wager on the horse of your choosing. Then it's off to the races as Dave rolls the dice and the horses maneuver down the track! Sip on a Mint Julep and dine on Kentucky Cuisine followed by Kentucky Bluegrass Pie. Don't forget to wear your favorite hat!

- Thursday, May 2, 11:30 a.m., \$6

Prom Fashion Show

Darby High School seniors model their gowns then join us for lunch. It's a wonderful afternoon and a great chance for you to meet and socialize with this great bunch of high school seniors.

- Wednesday, April 24, 11:30 a.m., \$4

Luau at the HFAC

Lunch today is being served at the Hilliard Family Aquatic Center. Have lunch, take a dip in the pool, float in the lazy river, relax in a lawn chair and get a behind-the-scenes tour of this award-winning facility. We are going to have the whole HFAC to ourselves this afternoon for you to enjoy. Keep your fingers crossed for good weather. In case of rain we are moving indoors to the center.

- Tuesday, May 21, noon-3 p.m., \$5

COMPUTER CLASSES



Introduction to Microsoft Word

Sessions: Consists of 2 separate two-hour sessions

Prerequisite: Computer Basics or equivalent knowledge.

Handout Provided: All participants receive a booklet outlining class materials.

Date: Tuesdays, April 30 and May 7

Class Description: Participants learn how to create new documents, edit documents, change font sizes, shapes, alignment, and more. Participants also learn to save and retrieve Word documents effectively. These two sessions provide participants an opportunity to create and save multiple documents, providing time for review and practice. This class is perfect for the person who has been hesitant to get started in Microsoft Word.

Microsoft Word: Beyond the Basics

Sessions: Consists of 2 separate two-hour sessions

Computers: Bring your own laptop or work on one of ours.

Prerequisite: Introduction to Microsoft Word or equivalent knowledge.

Handout Provided: All participants will receive a booklet outlining class materials.

Date: Tuesdays, May 14 and 21

Class Description: These sessions provide hands-on experience while participants expand upon the basics of Microsoft Word by inserting pictures and borders into documents. Participants also learn to insert and manage bullets and numbers to create lists of items. Saving and retrieving documents are reviewed. Finally, participants learn keyboard shortcuts and mouse tricks to copy and paste text quickly and easily within a document or between documents.

All classes meet
from
10 a.m.-noon
and are \$44
(unless noted).

Removable Storage & Cloud Backup

Sessions: Consists of a single two-hour hands-on class.

Prerequisite: Internet Basics or equivalent knowledge.

Handout Provided: All participants will receive a booklet outlining class materials.

Date: Tuesday, May 28, \$22

Class Description: Burning CDs used to be the standard way to back up and store information or pictures. Now the flash drive has become the favorite device to quickly save, copy, and transfer information to an easy to use, portable memory. For really large amounts of backup we learn about External Hard Drives. Discuss the basics of cloud based storage for back up of your important files too. This class helps you decide which option to use as well as how to get it done. Learn the easiest ways to save data and pictures on any removable storage device as well as the correct way to install and remove that drive from your computer. Students may bring a flash drive, external hard drive and/or computer or use ones provided.

Introduction to Microsoft Excel

Sessions: Consists of 2 separate 2-hour sessions

Computers: Bring your own laptop or work on one of ours.

Prerequisite: Computer Basics or equivalent knowledge.

Handout Provided: All participants will receive a booklet outlining class materials.

Date: Tuesdays, June 4 and 11

Class Description: Whether it's balancing your check book, putting together the family budget or generating charts for work, Microsoft Excel is the program for you. Improve the way you turn your data into information using powerful tools to analyze, communicate and share your results. Microsoft Excel is a spreadsheet program that will enable users to track & manage data, addresses, financials, and more. Participants will learn how to create simple spread sheets, perform detailed calculations, and sort data.

Microsoft Excel: Beyond the Basics

Sessions: Consists of 2 separate 2-hour sessions

Computers: Bring your own laptop or work on one of ours.

Prerequisite: Spreadsheet Basics Using Microsoft Excel.

Handout Provided: All participants will receive a booklet outlining class materials.

Date: Tuesdays, June 18 & 25

Class Description: Build on the new skills that you gained in the Microsoft Excel Basics class. In this session we learn how to create a monthly expenses and mileage spreadsheet. This includes, entering data, using formulas to make calculations, sorting and filtering data.

HEALTH & WELLNESS



Mammograms

The Ohio State University James Cancer Hospital Mobile Mammography Unit provides mammograms at the Phyllis A. Ernst Senior Center. Please phone 614-293-4455 or 800-240-4477 to schedule an appointment.

- Tuesday, April 16, 8 a.m.-3 p.m.

Wellness Wednesday Lunch

Staying active, maintaining spiritual well-being and eating well are keys to living a longer, healthier life no matter how old you are. Nurture your mind, body and spirit through lunch and educational programs on the third Wednesday of the month.

- Wednesday, April 17 and May 15
- 11:45 a.m., \$4

Golf

Want to Golf on Wednesdays in a relaxed atmosphere, make some new friends and have fun? Then join us when you are available this season.

- Wednesdays beginning May 1. Pick up a flyer with the schedule.

Chair Volleyball

Play this fun version of volleyball with a 20-inch beach ball, smaller court and lower net. Instructor: Linda Hoover.

- First and third Fridays, 10:15 a.m.; free

Indoor Walking

Indoor walking is available in the gym.

- Monday-Friday, 8-9 a.m.

Alzheimer's Support Group

A support group for family members, caregivers and friends of people with Alzheimer's disease or related disorders meets here at the Center. This group, facilitated by a trained professional, provides participants with an opportunity to discuss caregiving challenges and share helpful tips.

- Third Fridays, April 19 and May 17, 9:30 a.m.

Get Fit

This class is a complete full-body workout. Some exercises are done while seated and some while standing. All students work at their own pace. Free weights are used. Instructors: Tony Johnson and Maggie Schmidt.

- Tuesdays and Fridays, 9:15-10 a.m.; \$2 a class or an activity card

Tai Chi

Come give Tai Chi a try! Tai Chi is gentle exercise that incorporates meditation and movement that increases your strength, flexibility, balance and overall level of fitness. Instructor: Jim Long.

- Wednesdays, 2 p.m.; \$2 or an activity card.

Line Dancing

Line dancing is a great way to exercise and have fun! Special clothing is not needed but best not to wear athletic shoes. Instructor: Nancy Bryner.

- Tuesdays, 1:15 p.m.; \$2 or an activity card

Zumba

Ditch the workout and join the party! Zumba uses interval training combining fast and slow rhythms for an effective aerobic workout. It is basically watch and follow. Zumba is good for the body and great for the mind. The class is designed so all abilities are welcome to attend. Instructor: Doreen Woodard.

- Mondays and Wednesday, 9:15-9:45 a.m., Sundays and Thursdays, 5:30-6:15 p.m., \$3 drop in

Choir

Looking to volunteer and enjoy singing? Then our Happiness Entertainers are for you! This lively group performs at area nursing homes, retirement communities and local events.

- Tuesdays, 10:30 a.m.; free

Strength Training

Fitness equipment, treadmills and stationery bikes are available in the weight room. \$5 a month.

SENIOR CENTER DAILY SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning	<p>8 a.m.: Indoor Walking</p> <p>9 a.m.: Bowling at Sawmill Lanes</p> <p>9:15 a.m.: Zumba</p> <p>10:30 a.m.: Bible Study</p>	<p>8 a.m.: Indoor Walking</p> <p>9:15 a.m.: Get Fit Exercise Class</p> <p>10 a.m.: Beginner Bridge</p> <p>10:30 a.m.: Choir</p>	<p>8 a.m.: Indoor Walking</p> <p>9:15 a.m.: Zumba</p> <p>9:30 a.m.: Corn Hole; Refresher Bridge</p> <p>10 a.m.: Craft Club</p>	<p>8 a.m.: Indoor Walking</p> <p>10 a.m.: Beginner Bridge</p> <p>10:15 a.m.: Chair Volleyball (first and third)</p> <p>11 a.m.: Local Shopping (first and third)</p>	<p>8 a.m.: Indoor Walking</p> <p>9:15 a.m.: Get Fit Exercise Class</p> <p>9:30 a.m.: Open Studio</p> <p>10:15 a.m.: Chair Volleyball (first and third)</p> <p>11 a.m.: Local Shopping (first and third)</p>
Lunch		Noon	Noon	Noon	<ul style="list-style-type: none"> • Happiness Club (second) • Carriage Court Dine & Discover (third) • Prayer Luncheon (fourth)
Afternoon	<p>12:30 p.m.:</p> <ul style="list-style-type: none"> • Duplicate Bridge • Pinochle 	1:15 p.m.: Line Dancing	<p>1 p.m.: Euchre</p> <p>2 p.m.: Tai Chi</p>	<p>1 p.m.: Bridge</p> <ul style="list-style-type: none"> • Pinochle • Bingo <p>5:30 p.m.: Game Night (first and third) and Zumba</p>	1:30 p.m.: Friday Flick (second and last)

HILLIARD PARK CAFE: MONTHLY MENUS

Meals are served at
Noon. Cost is \$4.
Meal price for
non-members is \$6.

Hilliard Park Cafe

614-876-0747

- Meal Tickets are available in the Senior Center office as an alternative to paying the \$4 meal charge each day.
- A meal ticket may be purchased for six (6) meals for \$23 or 12 meals for \$46 with cash, check, VISA, MasterCard, American Express or Discover.

APRIL 2013				
Tuesday	Wednesday	Thursday	Friday	
2 Opening Day - Baseball Beef Franks Chips Baked Beans Apple Pie	3 Baked Chicken Scalloped Potatoes Succotash Dump Cake	4 Meat Loaf Baked Potato California Blend Veggies Ice Cream Sundae	5	
9 Spaghetti w/ Meat Sauce Tossed Salad Garlic Bread Spumoni Ice Cream	10 Chicken a la King Tossed Salad Fruit Cup Angel Food Cake w/ Strawberries	11 Cabbage Rolls Mashed Potatoes Mixed Veggies Cherry Pie	12 Happiness Club Baked Steak Mashed Potatoes Corn Peach half w/ Cottage Cheese Call Joy to Register at 876-6694	
16 Ham Loaf Au Gratin Potatoes Broccoli Salad Key Lime Pie	17 Wellness Wednesday Chef Salad Muffin Fruit Pizza	18 NO LUNCH	19 Garage Sale	
23 Baked Fish Pasta Salad Peas Pineapple Sheet Cake	24 Prom Show Ham Quiche Muffin Fresh Fruit Dessert	25 Parmesan Chicken Wild Rice Green Beans Cherry Pie	26 Prayer Luncheon Beef Tips over Noodles Mashed Potatoes Broccoli Cherry Cheesecake	
30 Liver & Onions Mashed Potatoes Green Beans Vanilla Pudding				

MAY 2013				
Tuesday	Wednesday	Thursday	Friday	
	1 Baked Ham Mac & Cheese Peas & Carrots Pineapple Upside Down Cake	2 Kentucky Derby Chicken Salad Croissant Spinach & Strawberry Salad Chips Kentucky Derby Pie	3	
7 City Chicken Au Gratin Potatoes Corn Apple Sauce Lemon Cake	8 Stuffed Peppers Mashed Potatoes Mixed Veggies Ice Cream & Cookies	9 Parmesan Chicken Wild Rice Broccoli Vanilla Pudding	10 Happiness Club Ham Loaf Parsley Buttered Potatoes Peas & Carrots Apple Sauce Dessert Call Joy to Register at 876-6694	
14 Chicken & Noodles Mashed Potatoes Green Beans Pig Lickin' Cake	15 Wellness Wednesday Tomato Basil Soup Tossed Salad Grilled Cheese Fruit Cobbler	16 Liver & Onions Mashed Potatoes Dilled Carrots Chocolate Cake	17 Carriage Court	
21 Luuu Hamburger Potato Salad Baked Beans Chips Ice Cream Sundae	22 Pork Chops Scalloped Potatoes Mixed Veggies Cherry Crisp	23 Volunteer Luncheon Grilled Chicken Salad Rolls Fresh Fruit Sundae Bar	24	
28 Uncle Dunkhoff's Pork over Noodles Green Beans Cream Puffs	29 Asian Day Sweet & Sour Beef over Rice Oriental Cabbage Salad Egg Rolls/Fortune Cookies	30 Salmon Patties Parsley Potatoes Cream Peas Lemon Dessert	31 Prayer Luncheon Meat Loaf Au Gratin Potatoes Mixed Veggies Angel Food Cake/ Pineapple Topping	

Name: _____

Phone: _____

SENIOR CENTER ACTIVITY REGISTRATION: APRIL / MAY 2013

✓	Date	Day	Time	Activity	Fee
	3-Apr	Wed	9 a.m.	La Comedia: 9 to 5 The Musical	\$45
	4-Apr	Th	5:30 p.m.	Game Night	\$2, payable the day of event
	8-Apr	Mon	10:15 a.m.	Dig. Diners-Noodles & Giant Eagle	\$5, Lunch OYO
	9-Apr	Tues	11am-Noon	Balance Class - Lunch and Learn	FREE: Must attend seminar to receive free lunch
	10-Apr	Wed	11am-Noon	Edward Jones - About Mutual Funds	FREE: Must attend seminar to receive free lunch
	16-Apr	Tues	9 a.m.-4 p.m.	The James Mammography Bus	Call 614-293-4455 to schedule appointment
	17-Apr	Wed	TBA	Prairie Oaks Metro Park Tour	\$4, Lunch OYO
	22-Apr	Mon	1-5 p.m.	AARP Driving Class	\$12/AARP member; \$14/non-AARP member
	24-Apr	Wed	11 a.m.	Prom Fashion Show	\$4 includes lunch
	25-Apr	Th	10 a.m.	Po-Ke-No	FREE
	25-Apr	Thur	11:45 a.m.	War Horse	\$49.50 per person
	30-Apr & 7-May	Tues	10 a.m.-Noon	Introduction to Microsoft Word	\$44
	2-May	Thur	11 a.m.	Kentucky Derby Lunch	\$6
	6-May	Mon	Noon	Potluck Lunch	\$1, plus bring a dish
	8-May	Wed	10:15 a.m.	Dignified Diners - Brio @ Easton	\$5 Lunch OYO
	13-May	Mon	9:15 a.m.	Velvet Ice Cream Tour	\$5, Lunch OYO
	14-May & 21-May	Tues	10 a.m.-Noon	Microsoft Word - Beyond the Basics	\$44
	16-May	Th	11 a.m.-Noon	Edward Jones - Managing Arthritis	FREE: Must attend seminar to receive free lunch
	16-May	Th	5:30 p.m.	Game Night	\$2 payable the day of event
	16-May	Th	9:30 a.m.	High Banks Metro Park Health Fair	\$4, Lunch OYO; Lunch Location TBA
	17-May	Fri	10:30 a.m.	Girls Just Want to Have Fun!	\$5, plus \$7 admission and lunch OYO
	21-May	Tues	Noon	Liner Luau lunch at the pool	\$4, Lunch OYO; Lunch Location TBA
	22-May	Wed	9:30 a.m.	Topiary Garden Tour	\$4, Lunch OYO; Lunch Location TBA
	23-May	Thurs	Noon	Volunteer lunch	Free for volunteers
	28-May	Tues	10 a.m.-Noon	Removable Storage & Cloud Backup	\$22
	30-May	Th	10 a.m.	Po-Ke-No	FREE
	4-Jun & 11-Jun	Tues	10 a.m.-Noon	Introduction to Microsoft Excel	\$44
	5-Jun	Wed	9 a.m.	Platt Castle Tours	\$19, Lunch OYO
	11-Jun	Tues	9:30 a.m.	Park of Roses Tour	\$5, Lunch OYO
	18-Jun & 25-Jun	Tues	10 a.m.-Noon	Microsoft Excel - Beyond the Basics	\$44
	Oct 4 - Oct 6			OSU Football in Chicago	\$499 Double Occupancy; \$599 Single
UPCOMING EXCURSIONS					
see flyer	Apr 28 - May 1			Great Trains & Grand Canyons	\$1,999 per person, double occupancy
see flyer	Jun 7 - Jun 10			Washington D.C.	\$495. per person, double occupancy
see flyer	Sept 25-Oct 5			New Hampshire & Maine	\$1,195 per person, double occupancy
see flyer	Dec 1 - Dec 7			Branson, Missouri at Christmas Time	\$799 per person, double occupancy



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Newsletter

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Center Closings

The center is closed May 27 in observance of Memorial Day. Please see Page 2 for a few program cancellations.

Extra! Extra! Read All About It!!

Hilliard Senior Citizen Hall of Fame Nominations Needed

The Hilliard Senior Citizen Hall of Fame Committee selects one or two honorees each year (one living and one posthumous) to recognize their lifetime of service and achievement, as well as how they represent a positive image of aging. Nominees should exemplify how older persons continue to contribute to their community and respond creatively to retirement. Nominations for this honor may be made by completing and returning a nomination form, available at the Phyllis A. Ernst Senior Center, before Aug. 1. Nominees must be 65 years of age or older and must live within the Hilliard School District (exceptions apply). Additional eligibility criteria and information may be found on the nomination form.

OSU at Northwestern

Join The Phyllis A. Ernst Senior Center as we follow the buckeyes to Northwestern October 4-6. This VIP tour gets you the OSU game and Chicago!

This tour includes luxury motor coach transportation and:

- Two nights at Marriott Chicago Schaumburg by the massive Woodfield Mall complex
- Two full breakfasts at the Marriott
- Chicago City Tour
- Game transfer and game ticket to Ohio State vs. Northwestern
- Services of a Prime Tours rep to ensure your VIP experience
- Cost: \$499/per person double occupancy, \$599/single
- Pick up a flyer with all the information at the center.
- Deposit registration \$100. Balance due Sept. 1, 2013.

Thank you Craft Club

Every Wednesday morning we have a group of dedicated ladies who busily sew and craft items. Recently, they have been making baby blankets for the crib incubators for Children's Hospital. Children's Hospital is very appreciative

Save the Date: This Just in...

We're adding to our activities all the time, looking for the best programs to offer. These exciting events were added at press time, so be sure to mark your calendars accordingly as they are not listed on the inside pages.

- Freedom Home Senior Pride Series: Pick up a flyer with all the details.
- Diabetic Management: April 16th and 23rd 1 p.m.
- Continuum of Care: May 7 and 14, 1 p.m.